

## Beauty Budget Breakdown

Written by Rhonda Stroman O'Neal  
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The New Year is here folks and it's time to budget. Taxes are due, credit cards from the holidays have to now be paid down so I'm here to give you a BEAUTY BUDGET BREAKDOWN\$\$\$

How much are you willing to spend on STYLE ?

\$25 a month

GOAL : look for high-quality haircare products.

I love all of the Redken haircare lines. Set up a consultaion with your stylist. Find our what type of hair service you'll get from your stylist each month ? Most of the time you'll find a good shampoo to purchase right in the salon.

\$50 a month

GOAL : Get a bi-monthly trim

A trim helps strengthen the hair and prevents the hair shalf from splitting. Atrim may run

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anywhere between \$20 and \$30 every six to eight weeks.

\$75 a month

GOAL : Splurge on In-Salon Treatments

If you're looking for a new mane shade, try one of my favorite cellophane treatments over a single-process haircolor. A cellophane is a high-gloss, ammonia-free treatment that protects the hair and comes in different colors. It strengthens the hair, adds shine and leaves you with a temporary color that lasts four to six weeks

id="mce\_marker"00 a month

GOAL :Invest in a Pro Styling tool.

You can get a professional grade ceramic plated iron for as low as \$75. These type of irons will help to protect the hair from excessive heat. Always remember less heat is always the healthiest for the hair.

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