

Blacks at Greater Risk of Hypertension than Other Groups

Written by Forward Times Staff
Tuesday, 28 August 2012 14:49



Black people who survive brain bleed strokes are more likely than their white peers to have high blood pressure a year later, new research reveals. Intracranial haemorrhages represent about 10% of all strokes, but about four in 10 of these strokes lead to death in the first month. The study authors pointed out that high blood pressure is a critical modifiable risk factor for a bleeding stroke.

“If you have already had a stroke, blood pressure treatment can reduce your chance of having another stroke by between 25% and 50%,” study author Dr Darin Zahuranec, an assistant professor of neurology at the University of Michigan Cardiovascular Center, in Ann Arbor, said in a journal news release. Zahuranec and his colleagues discuss their findings in the August issue of *Stroke*. To explore racial differences among bleeding stroke patients, the authors focused on 162 such stroke patients who were receiving care at Georgetown University Medical Center, in Washington, D.C.