

Chef Carolyn Shelton Saturday Brunch at Cafe 4212

Written by Forward Times Staff
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Chef, Author, and Forward Times Food Editor, Chef Carolyn Shelton was moving about midtown with energy and purpose as she hosted the Saturday Brunch at Cafe 4212. Owner, lawyer, and businessman Walter Strickland is committed to bringing entertainment, good food and a place for all cultures to enjoy.

Patrons enjoyed “Real Zydeco” from Leroy Thomas and some down home “Po’ Man’s Gumbo” from Food Editor and Chef Carolyn Shelton.

Chef Carolyn is ready to share exciting recipes and healthy cooking tips with the community. Chef Carolyn has interviewed celebrity chefs for years such as Gladys Knight, Mohammad Ali, Ruby Dee and many others. Stay tuned as Chef Carolyn will continue to bring delicious recipes, tips, and Celebrity Chef interviews.

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